



## Articles and Resources for Rural Practitioners

### Access to Justice

- <http://www.slaw.ca/2010/10/19/access-to-justice-on-the-prairies/>
- <http://www.slaw.ca/2010/08/20/technology-and-access-to-justice-in-rural-communities/>
- <http://www.slaw.ca/2011/03/10/law-day-highlights-access-to-justice/>
- <http://www.lawyersweekly.ca/index.php?section=article&articleid=1116>
- <http://www.slaw.ca/2011/05/06/access-to-justice-in-rural-and-remote-communities-where-to-from-here/>
- [www.lawsociety.ab.ca/files/newsletters/Advisory\\_Volume\\_7\\_Issue\\_2\\_Mar2009.pdf#page=6](http://www.lawsociety.ab.ca/files/newsletters/Advisory_Volume_7_Issue_2_Mar2009.pdf#page=6)

### Law Schools/Articling/Junior Lawyers

- <http://www.slaw.ca/2013/03/31/a-small-revolution-brewing-at-lakehead-law/>
- <http://www.canadianlawyermag.com/4185/new-lakehead-law-dean-to-focus-on-small-town-practice.html>
- <http://www.canadianlawyermag.com/4501/betrayed-beguiled-and-abandoned.html>
- <http://www.canadianlawyermag.com/4295/student-expectations-part-of-struggle-to-attract-rural-lawyers.html>
- <http://online.wsj.com/article/SB10001424052702303506404577448974083992182.html>

### Alberta Lawyers' Assistance Society

#### Professional Counselling

for you and your family members  
(4 hours, per person, per issue, per year)

#### Peer Support

#### Education

#### Resources

[www.albertalawyersassist.ca](http://www.albertalawyersassist.ca)

### Small Town/Rural Practice

- <http://www2.macleans.ca/2011/09/15/bye-bye-bay-street/>
- <http://www.canadianlawyermag.com/Opportunities-abound-for-lawyers-in-small-communities.html>
- <http://www.canadianlawyermag.com/I-was-born-in-a-small-town-I-will-practise-in-a-small-town.html>
- [www.canadianlawyermag.com/Greener-pastures.html](http://www.canadianlawyermag.com/Greener-pastures.html)
- <http://www.canadianlawyermag.com/3941/living-large-in-a-small-town.html>
- <http://www.slaw.ca/2010/12/27/public-commission-on-legal-aid-in-b-c-hears-rural-perspectives/>
- <http://www.slaw.ca/2010/06/17/demographics-and-justice-in-rural-canada/>
- Survey of Lawyers in Remote, Rural and Isolated Communities:  
<http://www.lpac.ca/main/main/educationprograms.aspx>
- <http://www.lawyersweekly.ca/index.php?section=article&articleid=1609>
- [http://www.americanbar.org/publications/gp\\_solo/2013/january\\_february/rural\\_lawyers\\_changing\\_marketplace.html](http://www.americanbar.org/publications/gp_solo/2013/january_february/rural_lawyers_changing_marketplace.html)
- [http://www.lawsociety.ab.ca/advisory\\_2010/advisory\\_volume\\_8\\_issue\\_5\\_dec2010/news/three\\_rs.aspx](http://www.lawsociety.ab.ca/advisory_2010/advisory_volume_8_issue_5_dec2010/news/three_rs.aspx)
- [http://www.lawsociety.ab.ca/advisory\\_2012/advisory\\_volume\\_10\\_issue\\_2\\_Apr2012/features/access.aspx](http://www.lawsociety.ab.ca/advisory_2012/advisory_volume_10_issue_2_Apr2012/features/access.aspx)

### Retirement

- <http://www.lawyersweekly.ca/index.php?section=article&articleid=819>
- <http://www.theglobeandmail.com/report-on-business/industry-news/the-law-page/no-lawyer-for-miles-so-one-rural-state-offers-to-pay/article10944221/>



## The Alberta Lawyers' Assistance Society (Assist)

Assist is a charitable society providing help to lawyers, law and articling students, and their families with personal issues.

Our goal is to prevent crisis and keep lawyers and law students happy and healthy.

Assist is governed by an independent Board of Directors. Confidentiality is the corner stone of our programs and services.

### FREE CONFIDENTIAL SERVICES

#### Professional Counselling

Assist provides up to four hours of professional counselling to you and your family. This time is given to each family member, per issue, per year, so that problems can be assessed and referrals made to long-term sources of help, if necessary. Our counsellors are located across the province, and are available for emergencies.

#### Peer Support

This is a program of lawyers helping lawyers. The goal is to develop a relationship of trust and confidentiality with another lawyer who relates to your experiences, providing encouragement and hope.

#### Resources

Assist offers information on various topics such as Career & Education, Physical & Mental Health, Work-Life Balance, Stress Management, and Overcoming Addictions.

### VOLUNTEER OPPORTUNITIES

#### Peer Support Program

Join a network of support through lawyers helping lawyers. You will have the opportunity to provide one-on-one personal or career-related support. You will receive training outlining your responsibilities and required skills in offering peers help, encouragement, and referrals to appropriate resources.

#### Committees

Assist is supported by working committees. You will be able to contribute your background and skills to any one of these committees, such as Communications, Funding, Succession Planning, Law Schools, and Peer Support.

#### Representatives

Assist speaks at workshops and events, publishes a quarterly on-line newsletter, offers a website with resources, and contributes to various publications. Your contribution is welcomed.

### Contact Information

For immediate help call **1 877 498 6898** (toll free) from anywhere in Alberta.

For more information on Assist's services and to access our online resources, visit our website at:

**[www.albertalawyersassist.ca](http://www.albertalawyersassist.ca)**

To speak with someone at Assist about our services or volunteer opportunities, call **403 537 5508** or **1 877 737 5508**.